6 week Parenting Program

Come and yarn about parenting, reflect on you and your child and learn some helpful ways to relax and cope when things get hard.

“...Children and parents learn from each other. The more we can understand children, the more we can help them grow and develop”.

www.bringingupgreatkids.org

“Looking after yourself helps you look after your child”

www.bringingupgreatkids.org

To find out when the next Bringing Up Great Kids program will start, please contact Family Services Coordinator Samantha Tonkin

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